

"Chocolate is brain food" is a little exercise in using chocolatey floss colours. The model is stitched with two strands of DMC on a pre-finished ecru bookmark from Jeanette Crews. Charlescraft also makes similar bookmarks. You could also make your bookmark from perforated paper, or from a heavier fabric such as Canterbury Cross (fringed ends would

look good), or on felt using waste canvas, or however you normally like making bookmarks.

The pattern is 20 by 85 stitches to fit on the Jeanette Crews bookmark. I believe the ones from Charlescraft are a little larger. Whatever you use, centre your design both horizontally and vertically.

By Faith Cormier

Sym DMC Description

3031 Mocha Brown, vy dk

+ 3781 Mocha Brown, dk

≈ 3860 Cocoa

o 3861 Cocoa, lt



